

### **Additional information**

Northern Learning Trust has been established since 1999 and our mission is to improve people's lives through learning, mentoring and employability. Our work is carried out in disadvantaged communities across Tyne & Wear, Northumberland and Co Durham.

The focus of the contract is to help offenders move towards mainstream provision or into employment by addressing their barriers to work through facilitating access to comprehensive support mechanisms appropriate to their individual circumstances.

Northern Learning Trust has worked with offenders through a range of projects since 1999. This has enabled us to develop and understand strategies that are effective in engaging this client group positively, leading to a change in offending behaviour.

We have effective working partnerships with prisons in the region, Northumbria Probation Trust and Community Rehabilitation Companies. We also work closely with military specific services to ensure that individuals are able to access appropriate specialist support.

This projects main work is to stabilise veterans who are referred, this will involve a multi discipline approach. The main areas that will be addressed are:

- Personal goal and target setting
- Reducing isolation
- Building self-esteem and confidence
- Managing stress and anxiety
- Accommodation/housing,
- Mental health and wellbeing including PTSD
- Drug and alcohol issues,
- Identifying transferrable skills
- Education, training and employment

Support is provided on a one to one basis with staff having caseloads that are monitored and tracked.

The rolling programme offered involves intensive stabilisation work with on-going support offered using a range of communication methods to reduce the risk of re-offending e.g. text, email, telephone.