

# Job profile

## Support Worker - Blaydon Lodge

## Grade: F

Group: Care, Wellbeing and Learning Service: Adult Social Care and Independent Living - Disabilities Location: Blaydon Lodge Line Manager: Manager Car User Status: N/A

#### Job Purpose

Blaydon Lodge is a 2 bedded short break service that provides 1:1 and 2:1 support to people with a learning disability or autism whose behaviour can place significant barriers in the way of leading a full and inclusive life. We see the uniqueness of each individual and always seek a person centred solution to their support.

#### The key roles of this post will include:

- 1. Consistent, person centred support to individuals during their short break. This includes sleep-in cover, mornings, afternoons, evenings and weekends. Occasionally this can include lone working.
- 2. Build relationships with individuals using the service, professionals and the person's family and friends to promote a successful short break.
- 3. Support people with intimate personal care needs and ensure their dignity, rights and personal preferences are respected. This includes day-to-day personal support and health care needs. Encourage and maintain daily living skills.
- 4. Use communication methods preferable to the individual such as Makaton, PECs.
- 5. Administration of medication, including rescue medication and emergency first aid.
- 6. Plan and coordinate activities that seek to expand people's life experiences.
- 7. Drive the work's vehicle to transport people to and from activities, their home and day services.
- 8. Introduce new people to the service through transition planning, working in partnership with other agencies like health, care services, families and friends.
- 9. Work in accordance with CQC standards, Council policies and procedures, and legislation e.g. Fundamental Standards, risk assessments, physical intervention, health care procedures and safeguarding etc.
- 10. Work in partnership with health care professionals to ensure ethical and safe practice is maintained and be responsive to advice, support and direction given.
- 11. Ensure adequate records are maintained and support plans are up to date.
- 12. Complete household tasks, including shopping, planning, preparation and serving of meals.



- 13. Follow health and safety guidelines and ensure all staff adheres to such regulations and procedures.
- 14. Participate in all training considered necessary to the duties of the post and to receive regular supervision / appraisal sessions.
- 15. Such other responsibilities allocated which are appropriate to the grade of the post.



### Knowledge & Qualifications

### Essential:

#### Knowledge

- Knowledge and experience of working with adults who have a learning disability
- Key issues in relation to working with people with autism and / or challenging behaviour
- Knowledge and understanding of current relevant legislation including CQC fundamental standards and Valuing People.

#### Experience

- Working in a person centred way
- Administering of medication
- Upholding the values of rights, choice, independence and inclusion
- Working flexibly and as part of a team
- Effective written and verbal communication skills
- Good literacy and numeracy skills

#### Qualifications

- NVQ/Diploma in Health & Social Care Level 2 or equivalent
- Commitment to undertake further training as part of continued professional development
- A current driving licence and access to a car or means to mobility support

### Desirable:

#### Knowledge

- Health of Safety Legislation
- Mental Capacity
- Safeguarding
- COSHH

#### Experience

- Working with people with ASD and challenging behaviour
- Working within a short break service
- Experience of working in partnership with other agencies
- Ability to work independently

#### Qualifications

- NVQ/Diploma in health & Social Care Level 3
- First Aid Certificate
- Safe Handling of Medication
- L2 in Autism



# Competencies

Customer Focus	Puts the customer first and provides excellent service to both internal and external customers
Communication	Uses appropriate methods to express information in a clear and concise way to make sure people understand
Team Working	Works with others to achieve results and develop good working relationships
Making things happen	Takes responsibility for personal organisation and achieving results
Flexibility	Adapts to change and works effectively in a variety of situations
Learning and Development	Actively improves by developing and applying new skills and knowledge and learns from past experiences