# **PERSON SPECIFICATION: LIFESTYLE INTERVENTION OFFICER POST REF: SR-107277**

**HARTLEPOOL BOROUGH COUNCIL IS COMMITTED TO SAFEGUARDING AND PROMOTING THE WELFARE OF CHILDREN, YOUNG PEOPLE AND VULNERABLE ADULTS. IF THIS POST IS SUBJECT TO SAFER RECRUITMENT MEASURES THEN A DISCLOSURE AND BARRING SERVICE (DBS) CHECK WILL BE REQUIRED.**

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| REQUIREMENTS | ESSENTIAL CRITERIA Please indicate in brackets after each criteria how this will be verified i.e. (F), (I), (T), (R) | DESIRABLE CRITERIA Please indicate in brackets after each criteria how this will be verified i.e. (F), (I), (T), (R) |
| * **Educational/vocational/ occupational qualifications and/or training** * **Specific qualifications (or equivalents)** | A Level or equivalent in a relevant discipline (public health/health improvement/sport and recreation) or demonstrable experience of working in one of these environments (F)  Minimum of Level 2 Fitness Qualification (F)  GP referral Qualification (F)  Motivational Interviewing or Behaviour Change Training (F) | Degree or equivalent in a sport/recreation/leisure related discipline (F) (I)  Safeguarding and Protecting Children/Vulnerable Adults Training (F) (I)  First Aid Certificate (F) |
| * **Work or other relevant experience** | Recent experience of working in a health improvement/sports/fitness or leisure related environment. (F) (I)  Demonstrable experience of planning and leading high quality activity programmes in the community (F) (I) **(T)**  Experience of work with disadvantaged people and low participation groups (F) (I)  Demonstration of monitoring and evaluation (F) (I)  Experience of partnership working with a range of partners (F) (I)  Evidence of successfully facilitating people to achieve lifestyle change using brief intervention and behaviour change models (F) (I)  Experience of directing and working with junior coaches and volunteers (F) (I) | Marketing and promotion experience (F) (I)  Experience of applying for grants (F) (I)  Experience of staff/volunteer mentoring and guidance (F) (I) |

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| * **Skills, abilities, knowledge and competencies** | Excellent communication skills, verbal and written (report writing) (F) (I)  Ability to assist in public consultation and engage positively with members of the public (F) (I)  Ability to deal with vulnerable people and situations and refer to other services dependant on the needs of service users. (F) (I)  To be able to work with group and individuals to achieve success. (I)  Computer literate (Word, Excel) (F) (I)  Knowledge of Health and Safety applied to engaging low participation groups in targeted interventions. (F) (I)  Organised with the ability to manage heavy workloads and tight deadlines (F) (I)  Ability to work with others as part of a team (F) (I) | Awareness of Sports Coach UK minimum standards of redeployment.  Experience of working with unemployed and those not in education, employment or training. |
| * + **General competencies** | Strong commitment to Health Improvement (F) (I)  Able to adopt a common sense approach and work on own initiative (I)  Ability to foster positive and professional relationships with partners and service users (I)  Flexibility to work occasional evenings and weekends (F) (I) | Competency in making presentations to groups (F) (I)  Consultation techniques (F) (I) |
| **ESSENTIAL / DESIRABLE CRITERIA WILL BE VERIFIED BY: F = FORM I = INTERVIEW T = TEST(S) R = REFERENCE(S)** | | |

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Please note all appointments within Hartlepool Borough Council are subject to a declaration of medical fitness by the Council’s Occupational Health Service (having made reasonable adjustments in line with the Equality Act (2010) where necessary.