

## FREELANCE SESSIONAL COUNSELLOR

ATTRIBUTES	ESSENTIAL	DESIRABLE	HOW IDENTIFIED
Education / Qualifications	Registered or Accredited member of BACP or other appropriate professional body such as UKCP.		Certification / Registration documents
Experience / Knowledge	<ul> <li>Diploma level qualification in Counselling or Psychotherapy.</li> <li>Significant clinical experience of working therapeutically with adults on a range of issues and in a variety of settings.</li> <li>Significant experience of providing time-limited counselling.</li> <li>Experience of building positive and empathic relationships with clients.</li> <li>Relevant experience of making comprehensive Assessments and understanding referral pathways.</li> <li>Experience of multi-disciplinary working, in particular working alongside statutory services such as police and social Care and health care services including producing reports and attending meetings with or on behalf of the client.</li> <li>Experience of and commitment to working with diversity.</li> <li>Experience of participating in clinical supervision.</li> <li>Knowledge of a range of counselling approaches.</li> <li>Knowledge of: <ul> <li>safeguarding principles, issues and best practice.</li> <li>equality and diversity issues.</li> </ul> </li> </ul>	Degree in Counselling or Psychotherapy.	Qualification certificates. Interview References



	<ul> <li>the implications of working alongside statutory investigations and court proceedings especially with regards to record- keeping, confidentiality and data protection.</li> <li>other key agencies and services.</li> </ul>	
Skills and abilities	<ul> <li>A sensitive, mature approach to working within a specialist service.</li> </ul>	Interview References
	Skills in working with the impact of trauma.	I CIEI EI ICES
	Clear and effective verbal and written communication skills.	
	<ul> <li>Willingness and ability to travel as required to work in different venues in the community across Redcar &amp; Cleveland &amp; Middlesbrough.</li> </ul>	
	<ul> <li>Ability to manage lone working and maintaining communication within a team.</li> </ul>	
	<ul> <li>Ability to manage a complex caseload demonstrating good organisational and planning skills.</li> </ul>	
	<ul> <li>Ability to keep up-to-date records and monitoring and evaluation data in order to support organisation self-evaluation and reporting to funders.</li> </ul>	
General	<ul> <li>Self-awareness</li> <li>Motivated and able to motivate others</li> </ul>	Interview
	<ul> <li>Reliability and good timekeeping</li> </ul>	References