**Person Specification**

**Job title:** Change 4 Life Sunderland Support Worker

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| **Criteria Type** | **Essential Criteria Only** | **Method of Assessment** |
| **Qualifications** | 1. Minimum NVQ Level 2 children’s fitness qualification or ability to work towards2. Level 2 Certificate in Nutrition and Health or ability to work towards3. First aid qualification or the ability to gain | Application form/interview/ certificates/ |
| **Experience** | 1.Experience and/or ability to develop skills to support with the delivery of physical activity sessions to groups of children and adults2. Experience of working with a primary and/or secondary school setting3. Knowledge and understanding of nutrition and healthy lifestyles4.Experience and/or ability to interact with children and young people of all ages and engage with families. | Application form/interview |
| **Skills, Knowledge, Ability (including ability to develop knowledge, skill or experience)** | 1. Confidence and ability to present information to large groups2. Confidence and ability to lead whole school assemblies3. Knowledge, understanding of healthy lifestyle choices and the ability to promote / present4. Ability to build positive relationships with families, internal and external partners5. Ability to capture accurate data, to meet internal and external targets and monitoring requirements6. Ability to work as part of a small team and ensure the programme is delivered to the required standards7. Negotiating and persuading skills, to ensure families get the maximum benefit from the programme.8. Access to transport to meet the needs of the post.Flexible approach to working (service delivered across 7 days and evenings)  | Application form/interviewApplication form/interview |
| **Work Related Circumstances/Values of the Council** | Commitment to Equal OpportunitiesCompliance with health and safety rules, regulations and legislationAbility to meet the travel requirements of the role | Application form/interview |