**Person Specification**

**Job title:** Change 4 Life Sunderland Support Worker

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| **Criteria Type** | **Essential Criteria Only** | **Method of Assessment** |
| **Qualifications** | 1. Minimum NVQ Level 2 children’s fitness qualification or ability to work towards  2. Level 2 Certificate in Nutrition and Health or ability to work towards  3. First aid qualification or the ability to gain | Application form/interview/ certificates/ |
| **Experience** | 1.Experience and/or ability to develop skills to support with the delivery of physical activity sessions to groups of children and adults  2. Experience of working with a primary and/or secondary school setting  3. Knowledge and understanding of nutrition and healthy lifestyles  4.Experience and/or ability to interact with children and young people of all ages and engage with families. | Application form/interview |
| **Skills, Knowledge, Ability (including ability to develop knowledge, skill or experience)** | 1. Confidence and ability to present information to large groups  2. Confidence and ability to lead whole school assemblies  3. Knowledge, understanding of healthy lifestyle choices and the ability to promote / present  4. Ability to build positive relationships with families, internal and external partners  5. Ability to capture accurate data, to meet internal and external targets and monitoring requirements  6. Ability to work as part of a small team and ensure the programme is delivered to the required standards  7. Negotiating and persuading skills, to ensure families get the maximum benefit from the programme.  8. Access to transport to meet the needs of the post.  Flexible approach to working (service delivered across 7 days and evenings) | Application form/interview  Application form/interview |
| **Work Related Circumstances/Values of the Council** | Commitment to Equal Opportunities  Compliance with health and safety rules, regulations and legislation  Ability to meet the travel requirements of the role | Application form/interview |