Job Opportunity

Children's Wellbeing Practitioner

37.5 Hours per week

Post & ref	**Children's Wellbeing Practitioner (CWP)**
Salary	£31,049 for those qualified under 2 years. £33,487 for those qualified over 2 years.
Hours	37.5 Per Week
Contract	Permanent, subject to funding.
Location	Based within the Tees Valley Getting Help Service (North) in Billingham with work primarily in Hartlepool, Stockton on Tees and Darlington Local Authority areas.
Working pattern	Usually weekdays
Holidays	31 to 32 days depending on length of service
Other benefits	Enhanced pension package Death in service benefit Employee Discounts scheme Employee Assistance Programme Health Cashback payments Cycle to Work scheme Above statutory minimum maternity, paternity and adoption leave and sickness benefit, after a qualifying period Additional time off on your birthday (or next available day if not possible due to service demands) ½ day time off for Christmas shopping

Application process	Initial CV acceptable alongside single page application form. You can complete the single page form on jot forms at this link: https://form.jotform.com/233374130372348 . You can upload your CV on the link too. You can also complete it as a word document and email it; please contact admin@changingfuturesne.co.uk if you need a copy. We can post it to you if you prefer. You can also complete an application through the NHS Jobs site: https://www.jobs.nhs.uk/candidate If you are shortlisted, you will be asked to submit a fuller application form that complies with our safer recruitment policy.

Deadline	Closing Date for applications will be: 15th September 2026 5pm

Children's Wellbeing Practitioner

- Are you excited to help improve children's emotional wellbeing?
- Are you keen to join a well-established and successful Mental Health Support Team with a great team culture and support?

We have the perfect job for you.

We are excited to recruit a **qualified** Children's Wellbeing Practitioner to play a vital role within the Tees Valley Getting Help Service. This partnership service supports children and young people aged 5–18 (up to 25 for those with SEND/EHCP) who are experiencing emerging mental health concerns.

You will deliver evidence-based interventions in schools and community settings, supporting young people to manage mild to moderate mental health challenges. The role is underpinned by the i-THRIVE framework, ensuring support is responsive and tailored to individual needs.

The service is delivered by Tees Esk and Wear Valleys NHS Foundation Trust (TEWV) alongside key partners: Alliance Psychological Services, The Link CIC, Teesside Mind, Changing Futures North East, and The Junction Foundation. By working together as one integrated service, we make it easier for children, young people, families, and professionals to access advice, early support, and appropriate help when needed.

Building on existing provision, the service focuses on early intervention, offering evidence-based treatment, practical support, advice and signposting to help address difficulties at the earliest opportunity for young people.

The post holder will primarily deliver interventions across Stockton and Hartlepool, with flexibility required to meet service needs across the wider Tees area including Darlington.

About Changing Futures North East

Changing Futures North East is a vibrant and fast-growing Charity that is in the privileged position to be able to trial new approaches to working with children and families to catalyse their own, sustainable change. Over the past 25 years, we have grown from an estate-based youth club to a provider of children and families work across Tees Valley, particularly specialising in work that supports and is enabled through healthy relationships.

As a Children's Psychological Wellbeing Practitioner, you will join a team of 30 or so staff where you will benefit from working with colleagues from your discipline, as well as people from a variety of other disciplines. The mix of professional backgrounds and training within the agency helps aid everyone's learning and practice.

Changing Futures North East has particular strengths and experience in:

- **Pioneering delivery of emotional wellbeing and mental health services** – pioneering mentalisation-based therapy for couples in Tees Valley, and providing EMHP's, CWP and Counsellors into the children's emotional wellbeing system through two partnerships, as well as delivering adverse childhood experiences programmes for parents and children separately.
- **Supporting care experienced young people** – through a fostering service (underpinned by a bespoke trauma informed therapeutic training programme, changing futures through fostering) and through mentoring and befriending support
- **Reducing parental conflict services** –delivering mediation and groupwork programmes, and supporting statutory agencies across England to embed a reducing parental conflict offer within their systems

This position is subject to satisfactory references, Changing Future's policies on Safeguarding of Children and Young People and Vulnerable Adults and an enhanced DBS check and subsequent re-checks.

Role Description (Main Duties and Responsibilities)

1. Working with your Manager(s) and Team Members

1.1. Work with the Chief Executive and your Manager to ensure that they receive appropriate advice and information on all relevant matters thus enabling them to fulfill their responsibilities, and to effectively monitor plans and targets.

1.2. To model the organisation's values and play a role in raising the profile of these values and associated behaviours across the organisation. This includes a positive contribution to workplace harmony displaying cooperative team behavior

2. Therapeutic Skills

2.1. Assess and deliver outcome focused, evidence-based interventions to children and young people experiencing mild to moderate mental health difficulties.

2.2. Working in partnership, support children, young people experiencing mild to moderate mental health difficulties and their families.

2.3. Work in partnership with children, young people and families in the development of plans for the intervention and agreed outcomes.

2.4. Support and empower children, young people and families to make informed choices about the intervention.

2.5. Operate at all times from an inclusive values base, which recognises and respects diversity.

2.6. Accept referrals within agreed national and local protocols.

2.7. Undertakes accurate assessment of risk to self and others.

2.8. Adhere to the service referral protocols. Under signpost unsuitable referrals to the relevant service as necessary.

2.9. Through close case management and supervision, escalate cases where the level of need becomes beyond scope, or more severe ensuring adherence to other relevant elements of service delivery. .

2.10. Adhere to an agreed activity contract relating to the overall number of children and young people contacts offered, and sessions carried out per week in order to improve timely access and minimise waiting times.

2.11. Attend multi-disciplinary meetings relating to referrals or CYP in treatment, where appropriate.

2.12. Keep coherent records of all activity in line with service protocols and use these records and outcome data to inform decision making. Complete all requirements relating to data collection.

2.13. Assess and integrate issues relating to transitions, education and training/employment into the overall therapeutic process.

2.14. Work within a collaborative approach involving a range of relevant others when indicated.

2.15. Work in collaboration with children, young people and communities to enhance and widen access.

3. Training and Supervision

3.1. Prepare and present case load information to supervisors (Case Management and Clinical Skills) within the service on an agreed and scheduled basis, in order to ensure safe practice and the governance obligations of the therapist, supervisor and service are delivered.

3.2. Respond to and implement supervision suggestions by supervisors in practice.

3.3. Engage in and respond to personal development supervision to improve competences and practice.

4. Professional

4.1. Ensure the maintenance of standards of practice according to the employer and any regulating bodies, and keep up-to-date on new recommendations/guidelines set by the relevant departments.

4.2. Ensure that confidentiality is protected at all times.

4.3. Ensure clear objectives are identified, discussed and reviewed with supervisor and senior colleagues on a regular basis as part of continuing professional development.

4.4. Participate in individual performance review and respond to agreed objectives.

4.5. Keep all records up to date in relation to Continuous Professional Development and ensure personal development plans maintains up to date specialist knowledge of latest theoretical and service delivery models/developments.

4.6. Attend relevant conferences/workshops in line with identified professional objectives.

5. General

5.1. Support the collection of data and facilitate data flow to the collaborative.

5.2. Contribute to the development of best practice within the service.

5.3. Ensure a comprehensive understanding of the relevant safeguarding legislation, guidance and best practice.

5.4. Maintain up-to date knowledge of legislation, national and local policies and procedures in relation to children and young people's mental health.

5.5. All employees have a responsibility and a legal obligation to ensure that information processed is kept accurate, confidential, secure and in line with the GDPR and Security and Confidentiality Policies.

5.6. It is the responsibility of all staff that they do not abuse their official position for personal gain, to seek advantage of further private business or other interests in the course of their official duties.

6. Other

6.1. Work to, and implement policies and procedures of Changing Futures North East

6.2. To undertake any other duties as identified by the Chief Executive or other Senior Leaders

It may be necessary to change these duties in accordance with the needs of the job and the organisation. Existing duties may be changed and new duties may be added. Any changes will be made in consultation with you.

Personal Specification

	Essential	Desirable
Personal Attributes	• Friendly and approachable • Balanced and Fair • Flexible thinking and adaptable to problems. • Motivated and enthusiastic • Hold high standards and integrity • Personal values and beliefs aligned with those of the Charity.	
Qualifications	• Child and Young Persons Psychological Wellbeing Practice PG Cert	
Experience	• Delivering interventions related to your qualifications to children and young people. • Direct experience of working in mental health service/s with children. • Working with children, young people and their families	
Skills	• Needs assessment skills • Risk assessment skills • Excellent verbal and written communication skills, including telephone skills • Able to develop good therapeutic relationships with clients • Able to complete academic components of the training • Delivery of Low-Intensity CBT (LICBT) interventions • Computer literate	• Use of IAPTUS Patient Management System.
Knowledge	• Understanding of emotional health and wellbeing and mental health in children and young people. • Understanding of Safeguarding Policies and Procedures • Understanding the importance of family relationships for the wellbeing of children and young people. • Issues that can affect children and young people's mental health and emotional wellbeing. • Understanding for the need to use evidence based psychological therapies and how it relates to this post.	• Understanding of trauma

	• Understanding of the use of service users participation and feedback and clinical outcome tools in practice	
Work Related	• Ability to travel (only exceptionally would we expect this to be other than own car and current licence) • Registered with BABCP or BPS or working towards registration.	