

Therapist – Multi Systemic Therapy

Job Description

Reports to: Multi Systemic Therapy Manager
Direct reports: N/A

Evaluation: **566 points**
Grade: **N8**
Reference: **AA3448**

Purpose

To deliver comprehensive Multi Systemic Therapy (MST) interventions to address the behaviour of individuals within a family and community setting.

Main Duties

These are some of the typical duties you will be expected to perform. This is not exhaustive, and you may need to complete similar tasks as required.

1. Manage an allocated caseload, working with families who meet the MST criteria for intervention.
2. To work intensively and flexibly with a limited number of cases using the MST model and analytical process. This will include being part of an on call 24/7 rota.
3. To develop specialised programmes for the formal multi systemic treatment and/or management of a client's mental health and behavioural problems across the full range of care settings.
4. To evaluate and make decisions about treatment options in line with MST principles, taking into account both theoretical and therapeutic models and

the historical and developmental processes that have shaped the individual family, carers or group.

5. To communicate to clients, family, carers and others as appropriate, highly complex information that may be contentious or very distressing concerning the assessment, formulation and treatment plans of clients under their care.
6. To provide expertise, advice and support to facilitate the effective and appropriate provision of therapeutic care by all members of the treatment team.
7. To advise on working in partnership with other disciplines and to maintain links with statutory and non-statutory and primary care agencies as appropriate.
8. To utilise theory, evidence-based literature and research to support evidence-based practice in individual and family work for the presenting problems.
9. To be responsible for petty cash as required, in line with financial procedures.
10. To promote and implement our *Diversity, Equality, Equity, and Accessibility* policy in all aspects of your employment.
11. To help maintain a healthy, safe, and secure environment and to adhere to our policies and procedure.