My Sisters Place

Recruitment and Information Pack

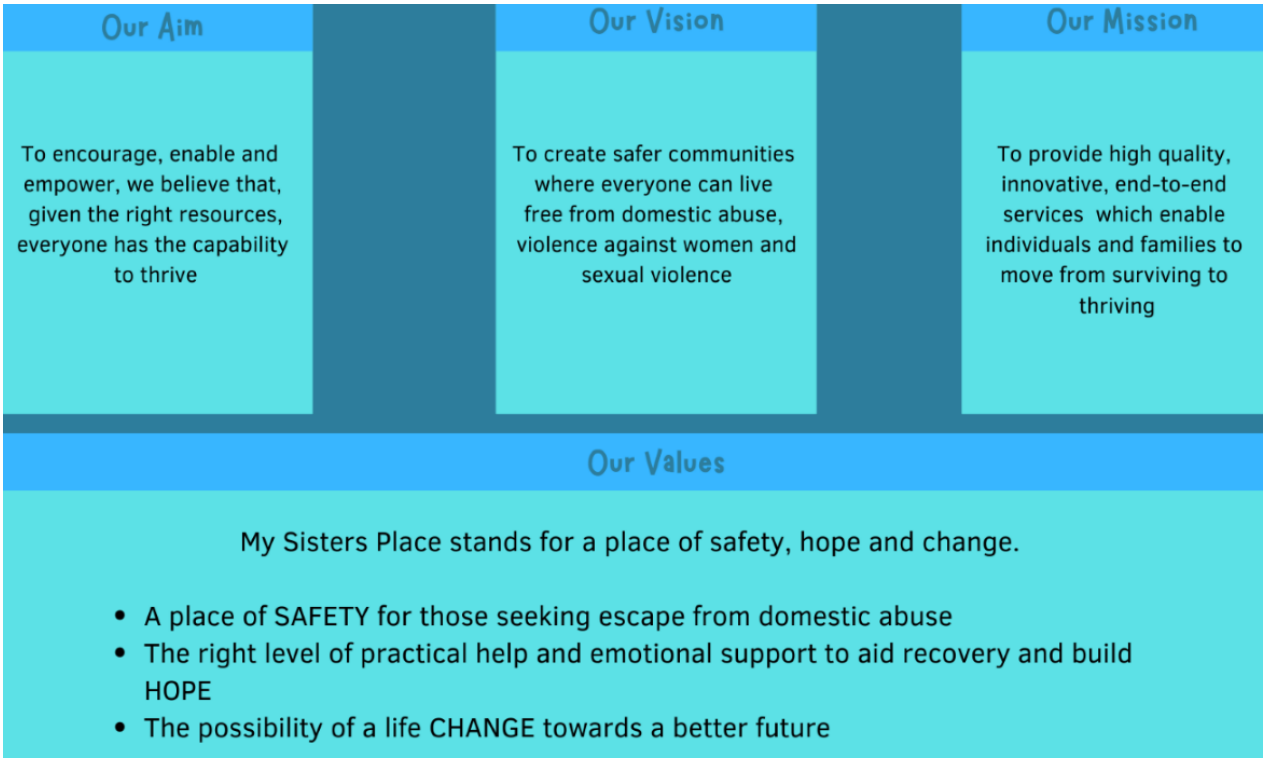
CYP Therapeutic Practitioner

Who are We?

My Sister's Place is an independent specialist domestic abuse service based in Middlesbrough that has been in operation since 2002. We are a feminist organisation with 24 years' experience in the Violence Against Women and Girls (VAWG) sector. We currently hold both Women's Aid and Safe Lives Leading Lights accreditations.

My Sister's Place support survivors of all ages and genders who are currently experiencing, or have previously experienced, domestic abuse. We offer holistic, therapeutic and practical interventions with a needs-led, trauma informed approach. Our vision is to create safer communities where everyone can live free from domestic abuse and sexual violence.

We offer a confidential women-only space in our office on Borough Road.



Our Purpose

- To deliver accessible, responsive, adaptable and effective services that are informed and evaluated by service user's experiences promoting individual freedom and quality of life.
- To explore new and innovative ways to address domestic violence issues with a range of partners and share best practice locally.
- To challenge inequality in access to safety, justice, health and well-being and campaign for change to shape future policy and practice.
- To work with the wider community through education and community involvement to create a cultural shift in a zero tolerance of domestic abuse and better equip families to protect one another.

Employment Opportunity

CYP Therapeutic Practitioner

Hours: **Full or Part Time Hours available**
Salary: **£27,852 Full time** (Pro-rata for part time) **(Pay Review – Mar 27)**
Contract: 3 Years Contract with a further 2 years extension period
Location: 123 Borough Road, Middlesbrough, TS1 3AN

Core service hours are Monday-Friday, you may be required to provide out of service hours delivery on occasions to overcome barriers for survivors to accessing support.

My Sister's Place require a CYP Therapeutic Practitioner based in central Middlesbrough, we provide specialist services to increase the safety of survivors of domestic abuse and their children.

We have an exciting opportunity for enthusiastic, trauma-informed therapists to join **ME TIME**, My Sisters Place's Children and Young People's Therapeutic Service. The role involves providing one-to-one therapy and therapeutic group interventions to children and young people aged 4-18 who have been affected by domestic abuse. You will need excellent personal communication skills to support children and young people with a wide range of needs who access the service. We need a compassionate, empathic and highly organised person used to dealing with a range of sensitive issues and confidential information within a therapeutic environment.

Closing Date for Applications: **Friday 11th December 2026 at 5pm**
Late applications will not be accepted

Interviews dates to be confirmed

As a women only space, this post is only open to female applicants; The Occupational Requirement (Equality Act 2010, Schedule 9, Part 1) applies to this post.

If you would like to know more about our work, see www.mysistersplace.org.uk

Application process: Application form to be sent to **recruitment@mysistersplace.co.uk**

If have any additional questions about the role and application, please contact Ejaye Moran – Counselling and Therapeutic Services Manager/Clinical Lead:
ejaye.moran@mysistersplace.co.uk

Candidates must be eligible to live and work in the UK.

Job Description

JOB TITLE: **CYP Therapeutic Practitioner**

RESPONSIBLE TO: **Counselling and Therapeutic Services Manager/Clinical Lead**

JOB PURPOSE: **Delivery of individual trauma informed therapeutic support, as part of our ME TIME Children and Young People's Service, to children and young people aged 4-18 affected by domestic abuse.**

Specific Responsibilities

- Provide trauma-informed therapeutic interventions to children and young people aged 4-18 years affected by domestic abuse and other adverse experiences.
- Undertake comprehensive clinical assessments and formulate appropriate treatment plans based on identified need.
- Manage an allocated caseload, ensuring interventions are delivered safely, effectively, and in line with professional standards.
- Deliver individual therapeutic support and facilitate therapeutic group programmes for children and young people.
- Work collaboratively with parents, carers, schools and other professionals to support positive outcomes for children and young people.
- Identify, assess and respond appropriately to safeguarding concerns, taking timely action in line with organisational policies and procedures.
- Maintain accurate clinical records, outcome measures, reports and case documentation.
- Liaise with statutory and voluntary sector agencies to coordinate support and promote effective multi-agency working.
- Attend and actively participate in clinical supervision, case reviews, team meetings and service development activities.
- Promote equality, diversity and inclusion within all aspects of service delivery.
- Contribute to the ongoing development, evaluation and improvement of therapeutic services.
- Maintain professional registration, ethical practice and continuing professional development requirements.

Duties

- Deliver counselling and psychotherapy sessions using appropriate trauma-informed therapeutic models and interventions.
- Assess risk, monitor client safety and implement risk management plans where required.
- Maintain a thorough understanding of safeguarding legislation, child protection procedures and best practice guidance.
- Prepare professional assessments, summaries and reports for internal and external stakeholders, where appropriate.
- Develop and maintain effective therapeutic relationships with children, young people and their families.
- Support children and young people to improve emotional wellbeing, resilience, recovery and coping strategies.
- Work therapeutically with children, young people and families where Child and Adolescent to Parent Violence and Abuse (CAPVA) has been identified.
- Attend relevant multi-agency meetings and contribute to discussions regarding support, safeguarding and intervention planning.
- Maintain confidentiality and comply with data protection, consent and information-sharing requirements.
- Keep up to date with developments in therapeutic practice, safeguarding and domestic abuse-related issues affecting children and young people.
- Work within My Sisters Place policies, procedures, values and the Trauma-Informed TIME Model.
- Travel independently between service locations, schools and community venues as required.
- Undertake any other duties reasonably consistent with the responsibilities and grade of the post.

Person Specification: CYP Therapeutic Practitioner

	Training & Qualifications	Essential	Desirable
1	Holds a recognised qualification in Child Psychotherapeutic Counselling/Psychotherapy (Postgraduate Level 6 or above).	✓	
2	Holds membership of a relevant professional body (e.g. UKCP, BAAT, BACP, BPS or HCPC).	✓	
3	Is an Accredited Practitioner or working towards accreditation with UKCP, BAAT, BACP, BPS or HCPC.		✓
4	Has the right to work and live in the UK.	✓	
5	Holds a full, clean driving licence and has access to transport.	✓	
	Experience		
6	Has post-qualification clinical experience working with children and young people aged 4-18 years, with an understanding of their needs within the context of families, schools, social care, voluntary sector services and other agencies.	✓	
7	In undertaking clinical assessments, identifying and implementing appropriate interventions, and managing a clinical caseload.	✓	
8	Demonstrates knowledge and experience of a range of therapeutic models and trauma-informed psychotherapeutic counselling approaches for children and young people	✓	
9	Maintaining accurate counselling records, monitoring progress, and preparing reports for external agencies while respecting confidentiality, consent and information-sharing requirements.	✓	
10	Engaging effectively in clinical supervision and undertakes supervision at a frequency appropriate to caseload, professional registration and client need.	✓	
11	Participating in team meetings, management meetings and service development activities.	✓	
12	Undertake or support the delivery of therapeutic group work with children and young people.		✓
13	Undertake family-based work, where appropriate and within the limits of training, experience and professional competence, to support the therapeutic needs and outcomes of the child or young person.		✓

Knowledge & Understanding			
14	Knowledge and understanding of the impact of all forms of domestic abuse on victims.	✓	
15	Demonstrates a clear understanding of the needs of clients accessing and how the service can support those needs.	✓	
16	Demonstrates knowledge of child protection policies and procedures and a strong commitment to safeguarding children and vulnerable adults.	✓	
17	Proactively identifies, reports and responds to safeguarding concerns in accordance with My Sisters Place policies and maintains up-to-date safeguarding knowledge.	✓	
18	Demonstrates an understanding of Child and Adolescent to Parent Violence and Abuse (CAPVA) and is open to working therapeutically with children, young people and families where CAPVA is identified, within appropriate safeguarding and risk management frameworks.	✓	
19	Understands referral pathways and support services available to children, young people and families across statutory and voluntary sectors.	✓	
20	Understands the environments in which children and young people receive therapeutic interventions.	✓	
21	Demonstrates a clear understanding of the expectations of counsellors working within My Sisters Place and practises in line with organisational values and relevant professional frameworks.	✓	
Skills & Abilities			
22	IT: proficient in use of Microsoft Office applications (Word, Excel, Access, PowerPoint) and Outlook. Experience of using them to record, analyse and report.	✓	
23	Demonstrates the ability to identify client needs and resolve problems as they arise.	✓	
24	Builds effective working relationships through positive communication with colleagues, partner agencies and multidisciplinary teams.	✓	
25	Is willing and able to work therapeutically with parents, carers and professionals involved in the child's or young person's life.	✓	
26	Ability to maintain appropriate personal and professional boundaries.	✓	

27	Demonstrates effective clinical decision-making, assessment and intervention planning skills.	✓	
28	Demonstrates the ability to communicate effectively both verbally and in writing, including the preparation of professional reports and records.	✓	
29	Ability to facilitate therapeutic group interventions for children and young people.		✓
30	Ability to undertake family-based therapeutic work where appropriate.		✓
	Personal Qualities		
31	Demonstrates a commitment to continuous professional development, reflective practice and service improvement.	✓	
32	Demonstrates a commitment to equality, diversity and inclusion in all aspects of practice.	✓	
33	Shows passion, enthusiasm and commitment to improving outcomes for children and young people.	✓	
34	Demonstrates professionalism, integrity and accountability in all aspects of practice.	✓	
35	Is adaptable, resilient and able to work effectively within a developing service.	✓	
36	Values collaborative working and contributes positively to the wider team and organisation.	✓	
37	Ability to manage a complex caseload	✓	
38	Excellent communication and listening skills with clear professional boundaries.	✓	
39	Committed to putting equal opportunities into practice in the workplace including a non-judgmental approach that is supportive of the client's needs.	✓	
40	Ability to recognise personal limits and seek guidance and/or support in a timely manner.	✓	
41	Self-motivated and be able to work both independently and as part of a team.	✓	
42	Willing to work flexibly on occasions in line with service demand.	✓	

My Sister's Place Employment Benefits

Annual Leave
All staff commence their employment with 26 days annual leave plus bank holidays (pro rata for part time employees).

In the leave year following 2 year's service you will receive an extra day's leave each year (up to a maximum of 30 days).

Pension Scheme
All employees are automatically enrolled into the company pension scheme. However, employees are able to 'opt out' of the scheme should they not wish to take part in the scheme.

Sick Pay
We operate a contractual sick pay scheme.

Eye Tests
The organisation will pay for an eye test and partial costs for spectacles for employees where VDU use is an essential part of their work and where vision impairment meets certain criteria.

Birthday Benefit
My Sisters Place operate a Birthday Benefit Policy where you are given a day off work on your Birthday

Probationary Period
All new staff are subject to a 3-month probationary period.

Internal development and progression
The organisation supports internal staff development and progression, and encourages both internal and external training oppertunities.